THE PLAYERS Community Senior Center

175 Landrum Lane, Ponte Vedra Beach, FL



904-209-3659

March 2025

1/5 Landrum Lane, Ponte Ved	ra Beach, FL	uncil on Aging	March 2025
Tuesday	Wednesday	Thursday	Friday
Please don't forget to make your lunch reservations, or call to cancel the day before if you're not coming in	Happy St. Patrick's Day	WELCOME TO PVB TPC PLAYERS & FANS! WEEK OF MARCH 10 TH ~ WE ARE OPEN!	sphello sphello
4 th 9:30 Chair Exercise 10:00 Canasta! 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 Alan DeValerio – Retired White House Butler 12:00 Lunch* 1:00-2:00 BINGO*	5 th 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 11:30 Alzheimer's Caregiver Support Group 4:00-5:30PM Line Dancing Class*	6 th 9:15 Walking w/Cathy 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta! 11:00 Feeding NEFL – FOOD DEMO 12:00 Lunch* 1:00-2:00 BINGO*	7 th 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
11th9:30 Chair Exercise 10:00 Canasta!10:00 Mexican Train Dominoes11:00 Greys Matter Cognitive Health 12:00 Lunch* 1:00-2:00 BINGO*****TPC WEEK! WE ARE OPEN!	12 th 9:00-12:00 Acrylic Painting With Instructor, Sarah Good <u>9:30-12:00 Social Bridge</u> 10:00 Let's Play Board Games 1:00-4:00PM Coastal Friends Samba* (Private) 4:00-5:30PM Line Dancing Class *	13 th 9:15 Walking w/Cathy 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta! 11:00 Food Pantry hosted by CarePlus! 12:00 Lunch* 1:00-2:00 BINGO*	14 th 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
18th9:30 Chair Exercise 10:00 Canasta!10:00 Mexican Train Dominoes11:00 Ashton from Atwater in Nocatee 12:00 Lunch* 1:00-2:00 BINGO*	 19th 9:00 - 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class* 	20 th 9:15 Walking w/Cathy 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta! 11:00 Birthday Party w/Randy Elvis! 11:30 Hisshin Sumi-E Painting* 12:00 Lunch* 1:00-2:00 BINGO*	21 st 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
25 th 9:30 Chair Exercise 10:00 Canasta! 10:00 Mexican Train Dominoes 11:00 Lou Parisi Sings! 12:00 Lunch* 1:00-2:00 BINGO*	26 th 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	27 th 9:15 Walking w/Cathy 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta! 10:00 FREE Blood Pressure Checks 10:00 Sawgrass Island HOA Mtg (Private) 11:00 SJC Legal Aid – Megan Wall 12:00 Lunch* 1:00-2:00 BINGO*	28 th 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*

Program Coordinator: Suzanne Chester <u>schester@stjohnscoa.com</u>, 904-209-3657

Tai Chi with Dennis is on hiatus. Check back next month!

*Fee required for program/activity



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