







Tuesday		Wednesday		Thursday		Friday	
1st	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 Mingle Moment &amp; Trivia</b> 12:00 Lunch* 1:00 BINGO*	2nd	<b>9:30–12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let's Play Board Games</b> <b>11:30 Alzheimer's Caregiver Support Group</b> <b>4:00-5:30 Line Dance Class*</b>	3rd	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling <b>10:00 Tai Chi w/Dennis</b> 10:00 Canasta! <b>11:00 National Self-Care Day hosted by CarePlus</b> 12:00 Lunch* 1:00-2:00 BINGO*	4th	<b>10:00 Mah Jongg</b> <b>10:30-11:30 Tap Dance Class*</b> 12:00-3:00 Duplicate Bridge*
8th	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 Beaches Energy</b> 12:00 Lunch* 1:00-2:00 BINGO*	9th	<b>9:30-12:30 Acrylic Painting with Instructor, Sarah Good</b> 9:30-12:00 Social Bridge <b>10:00 Let's Play Board Games</b> 1:00-4:00 Coastal Friends Samba* (Private) <b>4:00-5:30 Line Dance Class *</b>	10th	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta! <b>11:00 "Property Fraud Prevention"</b> <b>11:30 Hisshin Sumi-E Painting*</b> 12:00 Lunch* 1:00-2:00 BINGO*	11th	<b>10:00 Mah Jongg</b> <b>10:30-11:30 Tap Dance Class*</b> 12:00-3:00 Duplicate Bridge* 
15th	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 "Demystifying Fixed Income" with financial advisor James Cargill</b> 12:00 Lunch* 1:00-2:00 BINGO*	16th	<b>9:30–12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let's Play Board Games</b>  <b>4:00-5:30 Line Dance Class*</b>	17th	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling <b>10:00 Tai Chi w/Dennis</b> 10:00 Canasta! <b>11:00 Birthday Party w/entertainer Lisi Victoria! (hosted by CarePlus)</b> 12:00 Lunch* 1:00-2:00 BINGO*	18th	<p style="text-align: center;"><b>GOOD FRIDAY CENTER <u>CLOSED</u></b></p> 
22nd	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 Vystar Credit Union discusses "Identity Fraud"</b> 12:00 Lunch* 1:00-2:00 BINGO*	23th	<b>9:30–12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let's Play Board Games</b> 1:00-4:00 Coastal Friends Samba* (Private) <b>4:00-5:30 Line Dance Class*</b>	24th	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling <b>10:00 Tai Chi w/Dennis</b> 10:00 Canasta! <b>10:30 FREE Blood Pressure Checks</b> <b>11:00 SJC Legal Aid – Megan Wall</b> 12:00 Lunch* 1:00-2:00 BINGO*	25th	<b>10:00 Mah Jongg</b> <b>10:30-11:30 Tap Dance Class*</b> 12:00-3:00 Duplicate Bridge* 
29th	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 "Crafts with Carmen", from The Windsor at San Pablo</b> 12:00 Lunch* 1:00-2:00 BINGO*	30th	<b>8:45 Morning BUS TRIP to River House! Spring Dance &amp; Lunch</b> <b>9:30–12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let's Play Board Games</b>  <b>4:00-5:30 Line Dance Class*</b>			<p style="text-align: center;"><b>Reminder!</b></p> <p>***Please don't forget to make your lunch reservations a week in advance, or call to cancel the day before if you're not coming in***</p>	