

Menu Meals On Wheels

◆ April 2025 ◆

209-3693

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
	1st Chicken Parmesan, Spaghetti, Seasonal Vegetables, and Peach Cobbler	2nd Tuna Salad on a Bed of Lettuce, Tomato, Cucumber, and Macaroni Salad	3rd BBQ Pork Sandwich, Baked Beans, and Seasonal Vegetables	4th Roasted Turkey, smothered in Gravy, Yams, Seasonal Vegetable and Roll
7th Pot Roast smothered in gravy, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	8th Chicken Taco Salad, Lettuce, Tomato, Black Olives, Red Onion, Salsa, and Corn Chips	9th Pork Chop, Mashed Potatoes, Mushroom Gravy, and Broccoli	10th Beef Stew, Lima Beans, Baked Apples, and Biscuit	11th Chicken Tenders, Macaroni & Cheese, and Green Beans
14th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables	15th Spaghetti smothered in Italian Meat Sauce, Yellow Squash, and Italian Green Beans	16th Chicken Salad on a Bed of Crisp Lettuce, Grape Tomatoes, Cucumbers, Pea Salad, Fresh Fruit, and Wafer Crackers	17th All Beef Hot Dog, Sauerkraut, and Tater Tots	18th COA Holiday Closed
21st Breaded Fish, Grilled Vegetables, Roasted Brussel Sprouts, and Rice Pilaf	22nd Baked Ham, Sliced Pineapple, Steamed Cabbage, Sweet Potatoes, and Dinner Roll	23rd French Dip topped with Swiss Cheese, Mushrooms & Onions, and Seasonal Vegetables	24th Smoked Sausage & Rice, Baked Beans, and Baked Apples	25th Stuff Shells smothered with Sauce, Vegetable Medley, and Seasonal Vegetables
28th Baked Chicken, Roasted Potatoes, and Seasonal Vegetables	29th Hamburger Steak smothered in Gravy, Seasonal Vegetables, and Dinner Roll	30th Chef Salad w/ Turkey, and Pasta Salad	May 1st Baked Ziti, and Seasonal Vegetables	

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** Each Meal includes fruit and low fat milk **

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.