Monday	Tuesday	Wednesday	Thursday	Friday
Coastal Community Center Program Coordinators Myra Fisher Suzanna Reed mfisher@stjohnscoa.com sreed@stjohnscoa.com 904-209-3636	1 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 9:30 Nutritional Education 10:00 Bingo 11:30 Lunch	2 Dress for Wizard of Oz 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 ComForCare Wizard of Oz Bingo 11:30 Lunch	3 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	4 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Market Day 11:30 Lunch
7 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 PT Students Special Topics 11:30 Lunch	8 Haircuts w/Keith 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	9 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 To Be Announced 11:30 Lunch	10 8:30 BP Check w/Cammie 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	11 Sock Hop Day!!!!!  8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Music w/Rod 11:30 Lunch
14 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Brain Challenge w/Marlene 11:30 Lunch	8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	16 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Kall for Kare 11:30 Lunch	17 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	18 The COA is closed for  GOOD FRIDAY
21 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 VyStar Budget Basics w/Cindy 11:30 Lunch	22 No Haircuts Today 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	23 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Moultrie Pharmacy Taking Pills w/Julia 11:30 Lunch	248:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 9:30 Nutritional Education 10:00 Bingo 11:30 Lunch	25 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Concierge Care w/Jennifer 10:00 Megan Wall RH 11:30 Lunch
28 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Senior Stress & Loneliness w/Charlene 11:30 Lunch	29 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	30 Birthday Bash!!!!!  8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Jivin' w/Ivan 11:30 Lunch	April Showers Bring May Flowers	Celebrating 50 Years