

Clubs and Meetings at COA at UF Health Nocatee

What are you interested in? Please keep reading for updated interest groups at Flagler Health+ Village at Nocatee. Anyone age 18+ years of age is welcome to attend. Please register in advance by calling 904-814-9407 or via email to pbrunell@stjohnscoa.com.

Tuesdays

Bereavement Support Group: A place for anyone who has a recent loss of a loved one to attend to receive emotional support and guidance. Ann Martel, MSW facilitates and has 40+ years experience delivering licensed behavior health and counseling service to adults. Schedule varies so please refer to the current calendar and register in advance. Starts back in September.

Widows and Widowers: A social group meeting the 2nd and 4th Tuesday of every month from 11:00 a.m. to 12:30 p.m. Please register in advance to receive meeting change notices.

Caregiver Support Group: A weekly meeting for caregivers to discuss current issues and offer support. This group meets every Tuesday from 1:00 to 2:30 p.m. and is led by a trained facilitator.

Open Card Play: Every Tuesday at 1:00, bring cards, bring friends, play whatever game you prefer. No instructor present.

Travel Club: Meets on January 23 at 3:30, May 14th, and September 10th at 3:00 p.m. Available trips will be discussed.

Wednesdays

Open Art: Bring your art or craft project and work on it with friends. Get new ideas and socialize with like-minded people. This group meets every Wednesday from 9:30 to 11:30 a.m.

Parkinson's Meet, Greet & Learn: On the first Wednesday of each month person's living with Parkinson's and/or their care partners are welcome to join us from 3:00 to 4:30 p.m. Each month we have special speakers, resources and socialization.

Mah Jongg Meetup: Play with experienced players from 1:00 to 3:00 p.m. every Wednesday, except the 3rd Wednesday of the month which meets from 3:00 to 5:00 p.m.

Genealogy Group: Meets on the 3rd Wednesday of each month from 1:00 to 2:30 p.m.. All level of genealogy interest are welcome to attend. This group is lead by a genealogy expert Jan Micklos.

