## January 2025

6150 S. Main Street, Hastings, FL 32145

Monday	Monday Wednesday		Friday		
Withday	·	3 National Chocolate Covered	Every Monday		
	1 COA CLOSED	Cherry Day	9:30 Coffee Chat		
	* * * * * * * * * * * * * * * * * * *	Cherry Day	10:00 Exercise		
COA	(LHappy	10:00 Yoga with Maiga	10:45 Games & Dominoes		
	W. Joans	10.00 Toga with Maiga	10.45 Games & Dominoes		
Council on Aging	New Jean		12:15 Trivia		
V V Country on Aging	* * * * * * * * * * * * * * * * * * * *		12:45 Clean up, Sanitize, Prep		
6 National Bean Day	8 National Winter Skin Relief Day	10 National Cut Your Energy Cost	Every Wednesday		
9:00 Gardening at the Harris	10:00 Aerobic Exercise -Library Staff	Day	9:30 Coffee Chat		
Center	10:30 Chris Benjamin Information	Day	10:00 Exercise		
10:00 Dance Class	Sharing	10:00 Yoga with Maiga	10:30 Presentations		
10:30 Dominoes	Sharing	10.00 Toga with Marga	10.30 Fresentations		
and Games	12:45 Social Committee Meeting	$\mathcal{I}$	12:15 Bingo		
and Games	12.45 Social Committee Weeting	<b>7</b>	12:45 Clean up, Sanitize, Prep		
		<i>y</i> \ \	1:00 Time to go home!		
12 National Vision Board Day	15 National Hat Day	17 Notional Dancown Day	Every Friday		
13 National Vision Board Day	15 National Hat Day	17 National Popcorn Day	9:30 Coffee Chat		
9:00 Gardening at the Harris	10:00 Aerobic Exercise -Library Staff	10:00 Yoga with Maiga			
Center 10:00 Dance Class	10:30 Jeopardy with The Hastings	11:00 BP Clinic UF&Flagler Health + Chat with Nurse Alfea	10:00 Yoga Class 11:00 Presentations		
10:30 Dominoes and Games	Branch Library Staff Here at the	+ Chat with Nurse Allea	11:00 Presentations 11:45 Lunch		
10:30 Dominoes and Games	Center	12.00 Pinth day Calabratian			
	12.45 Administra Committee Marking	12:00 Birthday Celebration	12:15 Memory Games		
	12:45 Advisory Council Meeting	Sponsored by Capital City Bank	12:45 Clean up, Sanitize, Prep		
	22 Notional Dallar det Dans	24 N-4: I D D-44	1:00 Time to go home!		
20 COA Closed	22 National Polka dot Day	24 National Peanut Butter	Hastings Program Coordinator:		
Martin Luther	10:00 Aerobic Exercise-	Day/National Compliment Day	Lorain Vinson		
King Jr. Day	10:30- Megan Wall- Lecture- What	10.00 % '41 M '	lvinson@stjohnscoa.com		
I HAVE A DISEAM	if You Die Without a Will	10:00 Yoga with Maiga	904-209-3694		
27 National Chocolate Cake Day	29 National Puzzle Day/National	31 National Backward Day			
9:00 Gardening at the Harris	Corn Chip Day		Save		
Center	9:00 to 1:00 Lend an Ear Return	10:00 Yoga with Maiga	(the)		
10:00 Exercise	for Adjustments	11:00 Craft Choice	(date)		
10:30 USA	10:30 Stroke Prevention and	•	Senior Citizen Day		
Health Sciences	Management	<b>~</b>	January 25 <sup>th</sup> at the W. E.		
Students	10:30 Wildflower Healthcare BP	<b>/</b>	Harris Center 10:00 to 2:00.		
	Checks & Chat with Nurse Jean	3 3	2000 00 2000		