

Hastings Senior Center
904-209-3694

February 2025

6150 S. Main Street, Hastings, FL 32145

Monday	Wednesday	Friday	
<p>3 Groundhog Day 9:00 Gardening at the Harris Center 10:00 Dance Class with Ms. Pat 10:30 USAH Students</p> 	<p>5 National Send A Card to a Friend Day 10:00 Aerobic Exercise -Library Staff 10:30 Tina Brophil St Johns COA Prescription Assistance Coordinator 12:45 Social Committee Meeting</p>	<p>7 National Wear Red Day 10:00 Yoga with Maiga Fun and Games- Corn Hole</p> 	<p><u>Every Monday</u> 9:30 Coffee Chat 10:00 Exercise 10:45 Games & Dominoes 11:45 Lunch 12:15 Trivia 12:45 Clean up, Sanitize, Prep</p>
<p>10 Super Bowl Sunday Day After 9:00 Gardening at the Harris Center 10:00 Dance Class with Ms. Pat, \$5.00 10:30 USA Health Sciences Students</p>	<p>12 Hug Day 10:00 Aerobic Exercise -Library Staff 10:30 Travel Light 904 Jax, Downsizing 12:45 Advisory Council Meeting</p>	<p>14 Valentines Day- Valentines Party- Wear Red and White 10:00 Yoga with Maiga 11:00 The party starts with Danny Allen DJ</p>	<p><u>Every Wednesday</u> 9:30 Coffee Chat 10:00 Exercise 10:30 Presentations 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>17 Closed for Presidents Day</p> 	<p>19 National Chocolate Mint 10:00 Aerobic Exercise -Library Staff 10:30 Jeopardy with The Hastings Branch Library Staff Here at the Center</p>	<p>21 National Margareta Day 10:00 Yoga with Maiga 11:00 BP Clinic UF&Flagler Health + Chat with Nurse Alfea 11:00 Shine Presentation, Medicare Basics, SHINE Representative available for individual meeting. 12:00 Birthday Celebration Sponsored by Capital City Bank</p>	<p><u>Every Friday</u> 9:30 Coffee Chat 10:00 Yoga Class 11:00 Presentations 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>24 9:00 Gardening at the Harris Center 10:00 Dance 10:30 USA Health Sciences Students</p>	<p>26 National Chocolate Covered Nut Day 10:30 Wildflower Healthcare BP Checks & Chat with Nurse Jean</p>	 <p>classroomclipart.com © 2011</p>	