

# Menu

## Coastal Community Center

◆ February 2025 ◆

**209-3696**

*Please call by noon the day before to schedule or cancel a reservation*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
3rd Spaghetti smothered in Italian Meat Sauce, Caesar Salad, and Garlic Toast	4th Bread Fillet of Fish, Collard Greens, Macaroni & Cheese, and Cornbread	5th Chicken Tenders, Seasonal Vegetables, and Roll	6th Shepard Pie, Seasonal Vegetables, and Dinner Roll	7th Opened Faced Turkey Sandwich smothered in Gravy, Mashed Potatoes, and Seasonal Vegetables
10th Oven Fried Pork Chop, Fresh Sweet Potato, Seasonal Vegetables, and Dinner Roll	11th Chicken Fettuccine Alfredo, Roasted Brussel Sprouts, Seasonal Vegetables, and Garlic Bread	12th Breaded Fish Fillet, Vegetable Medley, Lima Beans, and Wild Rice	13th Cheese Burger w/ Lettuce, Tomato, Pickles, Onion, and French Fries	14th Aussie Chicken, Herb Roasted Potatoes, Salad, and Dinner Roll
17th COA In Observation of President's Day!	18th Herby Chicken Pot Pie with a Biscuit Crust, and Seasonal Vegetables	19th Chili, Baked Potato, and Crackers	20th BLT Salad, Minestrone Soup, and Croissant	21st Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll
24th Chicken Parmesan over Pasta, Italian Vegetable Medley, and Garlic Bread	25th All Beef Hot Dog, Creamy Cole Slaw, and Roasted Potatoes	26th Tuna Sandwich, Lettuce, Tomato, Pickle, and Signature Potato Salad	27th Herb Crusted Pork Loin w/ Mushroom Gravy, Seasonal Vegetables, and Dinner Roll	28th Pot Roast smothered in Gravy, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll

**\* Each Meal includes fruit and low fat milk \***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.