




Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coastal Community Center Program Coordinators Myra Fisher Suzanna Reed mfisher@stjohnscoa.com sreed@sjohnscoa.com 904-209-3636</p>		<p>1  The COA Is Closed Today</p>	<p>2 8:30 Coffee Chat 9:00 Cards & Games 9:00 BP Check w/Grace 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>3 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Market Day 11:30 Lunch</p>
<p>6 8:30 Coffee Chat 9:00 Cards & Games 9:30 Yoga w/Maiga 10:00 UF Health w/Jennifer Stroke Prevention 11:30 Lunch</p>	<p>7 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>8 8:30 Coffee Chat 9:00 Cards & Games 9:30 Balance w/Frank 10:00 Flagler Students Interviews 11:30 Lunch</p>	<p>9 8:30 Coffee Chat 9:00 Cards & Games 9:00 BP Check w/Cammie 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>10 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Brain Challenge w/Marlene 10:00 – Flagler Interviews 11:30 Lunch</p>
<p>13 8:30 Coffee Chat 9:00 Cards & Games 9:30 Yoga w/Maiga 10:00 Eye Center of SA w/ Dr. Epps 11:30 Lunch</p>	<p>14 Haircuts with Keith 8:30 Coffee Chat 9:00 Cards/Games 9:00 Nutritional Education 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>15 8:30 Coffee Chat 9:00 Cards & Games 9:30 Bus Trip to the Coffee Shop 10:00 Movie Day at CCC 11:30 Lunch</p>	<p>16 8:30 Coffee Chat 9:00 Cards & Games 9:00 BP Check w/Grace 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>17 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Flagler College Reveal Play 11:30 Lunch</p>
<p>20 The COA is closed today </p>	<p>21 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>22 8:30 Coffee Chat 9:00 Cards & Games 9:30 Balance w/Frank 10:00 Music w/Lou Parisi 11:30 Lunch</p>	<p>23 8:30 Coffee Chat 9:00 Cards & Games 9:00 BP Check w/Grace 9:00 Nutritional Education 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>24 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Carrie w/Shine Advantage Plans 10:00 Megan Wall RH 11:30 Lunch</p>
<p>27 8:30 Coffee Chat 9:00 Cards & Games 9:30 Yoga w/Maiga 10:00 Florida Hospice Hot Chocolate Bar! 11:30 Lunch</p>	<p>28 Haircuts with Keith 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>29 BIRTHDAY BASH!!!! 8:30 Coffee Chat 9:00 Cards & Games 9:00 OT Students 10:00 Patsy Cline 11:30 Lunch</p>	<p>30 8:30 Coffee Chat 9:00 Cards & Games 9:00 BP Check w/Grace 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>31 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Care Plus w/Ernesto 11:30 Lunch</p>