



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>3</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Yoga w/Maiga</b> <b>10:00 Brain Challenge w/Marlene</b> 11:30 Lunch</p>	<p><b>4</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:00 Nutritional Education</b> <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>5</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Balance w/Frank</b> <b>10:00 OT Students</b> 11:30 Lunch</p>	<p><b>6</b> 8:30 Coffee Chat 9:00 Cards/Games 9:00 BP Check <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>7</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Open</b> <b>10:00 Market Day</b> 11:30 Lunch</p>
<p><b>10</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Yoga w/Maiga</b> <b>10:00 Dr. Epps from Eye Center of St. Augustine</b> 11:30 Lunch</p>	<p><b>11 Haircut with Keith</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>12</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Balance w/Frank</b> <b>10:00 OT Students</b> 11:30 Lunch</p>	<p><b>13</b> 8:30 Coffee Chat 9:00 Cards/Games 9:00 BP Check <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>14 Valentine's Raffle</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Dee Dee's Presentation</b> <b>10:00 Javen w/Ivan</b> 11:30 Lunch</p>
<p><b>17 The COA is closed in observation of</b></p> 	<p><b>18</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>19</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Balance w/Frank</b> <b>10:00 Nelson w/Care Plus Food Pantry</b> 11:30 Lunch</p>	<p><b>20</b> 8:30 Coffee Chat 9:00 Cards/Games 9:00 BP Check <b>9:00 Nutritional Education</b> <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>21</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 TBD</b> <b>10:00 TBA</b> 11:30 Lunch</p>
<p><b>24</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Yoga w/Maiga</b> <b>10:00 Pet Therapy w/Marianne</b> 11:30 Lunch</p>	<p><b>25 Haircut with Keith</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>26 Birthday Bash</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:00 OT Students</b> <b>10:00 Music w/Bill Jones</b> 11:30 Lunch</p>	<p><b>27</b> 8:30 Coffee Chat 9:00 Cards/Games 9:00 BP Check <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>28</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 TBD</b> <b>10:00 Story Telling w/Margaret</b> 11:30 Lunch</p>
		<p><b>Coastal Community Center Program Coordinators</b> <b>Myra Fisher</b> <b>Suzanna Reed</b> <a href="mailto:mfisher@stjohnscoa.com">mfisher@stjohnscoa.com</a> <a href="mailto:sreed@stjohnscoa.com">sreed@stjohnscoa.com</a> <b>904-209-3636</b></p>		